

Helen Chen

helen.yc.chen@gmail.com

| www.helenchenmediation.com

Summary

Workplace mediator with extensive experience in navigating complex workplace dynamics, policies, and structures and supporting employers, supervisors, HR professionals, and employees in turning conflict into opportunities for growth. Deep expertise in pinpointing the underlying root causes of workplace disputes and engaging stakeholders in developing their own multi-faceted solutions. Over twenty years of experience in making workplaces better, through legal representation, policy advocacy, education, and research.

Mediation Experience

MEDIATION AND CONSULTING PRACTICE, Self-employed, 2020 - Present

Mediating conflict in workplace settings and training managers to navigate conflict and difficult conversations.

THE CONGRESS OF NEUTRALS, Volunteer Mediator, 2021 - Present

Mediating disputes in civil harassment and small claims court involving landlord-tenant, neighbor-to-neighbor, workplace, and other conflicts.

SEEDS COMMUNITY RESOLUTION CENTER, Volunteer Mediator, 2010 - 2012

Mediated disputes in civil harassment and small claims court involving landlord-tenant, personal injury, and other issues.

Mediation Training

CENTER FOR UNDERSTANDING IN CONFLICT, Teacher Training, 2022

CENTER FOR UNDERSTANDING IN CONFLICT, 40 hours, 2021

NORTHERN CALIFORNIA MEDIATION CENTER, 24 hours, 2007

STANFORD LAW SCHOOL, Mediation, semester course, 2001

Expertise in Employment

LABOR OCCUPATIONAL HEALTH PROGRAM, UNIVERSITY OF CALIFORNIA, BERKELEY
Coordinator of Public Programs, 2008 - 2019

ADVANCING JUSTICE – ASIAN LAW CAUCUS

Staff Attorney, 2003 - 2007

Equal Justice Works Fellow, 2001 - 2003

ASIAN IMMIGRANT WOMEN ADVOCATES

Fellow, 1997 - 1998

Education

STANFORD LAW SCHOOL

J.D., 2001

UNIVERSITY OF CALIFORNIA, BERKELEY

M.S., Energy and Resources Group, 1997

STANFORD UNIVERSITY

B.S., Earth Systems, 1995

Memberships

STATE BAR OF CALIFORNIA

2001 - Present

CENTER FOR UNDERSTANDING IN CONFLICT

2020 - Present

Community Service

CALIFORNIA HEALTHY NAIL SALON

COLLABORATIVE

Steering Committee, 2016 - Present

HUMAN IMPACT PARTNERS

Vice Chair, 2018 - 2019

Board member, 2013 - 2021

ASIAN PACIFIC ENVIRONMENTAL NETWORK

Board member, 2002 - 2008

Languages

MANDARIN CHINESE, Conversant